















RADICALS

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MyWaterDiary

How much water do you use each week?

DAY	Toilet flushing 	Cooking 	Drinking 	Machine-washing clothes 	Hand-washing dishes 	Machine-washing dishes 	Cleaning house 	Shower 	Washing hair 	Bath 	Cleaning car 	Other 	Total
Amount used	9 litres per flush	1 litre per pot	1 litre per person	95 litres per wash	5 litres per wash	40 litres per wash	5 litres per bucket	20 litres per 5 mins	4 litres	60 litres	10 litres per bucket	Estimate your usage in litres	
MON													
TUES													
WED													
THURS													
FRI													
SAT													
SUN													

What have you learned about your personal water consumption from this exercise?

Weekly Total

Name: Email:

Also, think about the water used in the production of goods you own or consume.

Please use the reverse for making notes.

The Free Radicals are



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